



# Disaster Planning and Incident Handling using Gaming Concepts

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# Your speaker

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## ■ *Solomon Consulting Inc.*

- *OpenEdge, Roundtable, Security architecture*
  - *Since 1988 (Progress Version 4)*
- *CyberSecurity Simulation attack team leader*
  - *Penetration testing, attack detection and response*

## ■ *Emory University*

- *Assured Information Management and Sharing (AIMS)*
- *Private location proximity detection research*

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- *Associate Professor, Master of Science in Information Systems Security program*



**EMORY**  
UNIVERSITY

— UNIVERSITY —  
of the  
**CUMBERLANDS**

# Agenda

- Active learning – why bother?
- Can gaming really help with the boring stuff?
- What will it do for me?
- OK, “I want to go to there”
  - Liz Lemon

You've heard this before

Two easy steps:

1) Make a plan

2) Follow the plan





**Question 1:**  
**Do you have a written BCP/IRP?**

Responding to incidents is all about minimizing **surprise** and **confusion**.



12190 11030

13470 11270

395



395

WARNING  
CAUTION: THIS IS NOT AN INSTRUMENT.  
Please do not touch this instrument.

# Emergency Procedures

# Cessna 172R Checklist

## Challenge

## Response

### ENGINE FAILURE DURING TAKEOFF ROLL

Throttle .....	<b>IDLE</b>
Brakes .....	<b>APPLY</b>
Wing Flaps .....	<b>RETRACT</b>
Mixture .....	<b>IDLE CUT-OFF</b>
Fuel Shutoff Valve .....	<b>PULL OFF</b>
Magneto Switch .....	<b>OFF</b>
Master Switch .....	<b>OFF</b>

### ENGINE FAILURE IMMEDIATELY AFTER TAKEOFF

Airspeed .....	<b>(flaps up) 65 KIAS</b>
Mixture .....	<b>IDLE CUT-OFF</b>
Fuel Shutoff Valve .....	<b>PULL OFF</b>
Magnetos .....	<b>OFF</b>
Wing Flaps .....	<b>AS REQUIRED</b>
Master Switch .....	<b>OFF</b>

### ENGINE FAILURE IN FLIGHT

Trim for Best Glide .....	<b>65 KIAS</b>
Pick Suitable Landing Site	
Fly Toward Landing Site	
Fuel Selector .....	<b>BOTH</b>
Fuel Shutoff Valve .....	<b>IN</b>
Mixture .....	<b>AS REQUIRED</b>
Fuel Pump .....	<b>ON</b>
Magnetos .....	<b>ON / BOTH</b>

IF NO RESTART OR AN OFF AIRPORT LANDING IS NECESSARY:

## Challenge

## Response

### ENGINE FIRE IN FLIGHT

Mixture .....	<b>IDLE CUT-OFF</b>
Fuel Shutoff Valve .....	<b>OFF / PULL OUT</b>
Fuel Pump .....	<b>OFF</b>
Vents Heat / Air .....	<b>CLOSED</b>
(except wing root vents)	
Airspeed .....	<b>100 KIAS</b>
(If fire is not extinguished, increase glide speed to find an airspeed which will provide an incombustible mixture.)	
Forced Landing .....	<b>EXECUTE</b>

SEE ENGINE FAILURE IN FLIGHT: NO RESTART CHECKLIST

### ELECTRICAL FIRE IN FLIGHT

Master Switch .....	<b>OFF</b>
All Other Switches Except Ignition .....	<b>OFF</b>
Vents Heat / Air .....	<b>CLOSED</b>
Fire Extinguisher .....	<b>ACTIVATE</b>

WARNING: AFTER DISCHARGING FIRE EXTINGUISHER WITHIN CLOSED CABIN, VENTILATE CABIN

IF FIRE APPEARS OUT AND ELECTRICAL POWER IS NECESSARY FOR CONTINUANCE OF FLIGHT

Master Switch .....	<b>ON</b>
Circuit Breakers .....	check for faulty circuit, do not reset
Radio / Electrical Switches .....	<b>ON</b>
(One at a time, with delay after each until short circuit is localized.)	
Vents Heat / Air .....	<b>OPEN</b>

(When it is ascertained that fire is completely extinguished.)



Response success **depends** on  
the **quality** of your plan and the  
**readiness** of your team.



Let's plan

Why am I in this meeting?



*What  
Boring!  
a  
waste  
of time.*

Question 2:

“Surprise incidents” list



Question 3:

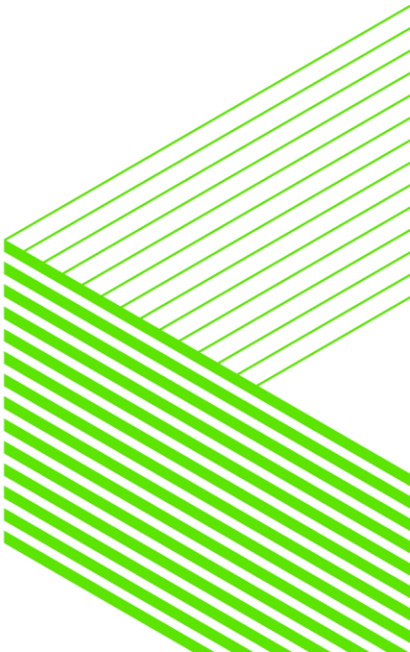
“Surprise incidents” list

Take 2



# Question 2: Functional areas

1	Network
2	Data center
3	Physical plant
4	Customer facing web application



Let's review our questions

## Question 1

- No engagement
- Raise your hands

## Question 2

- Limited engagement with competition

## Question 3

- Enhanced engagement
- Assigned roles
- Incentive (candy!!)

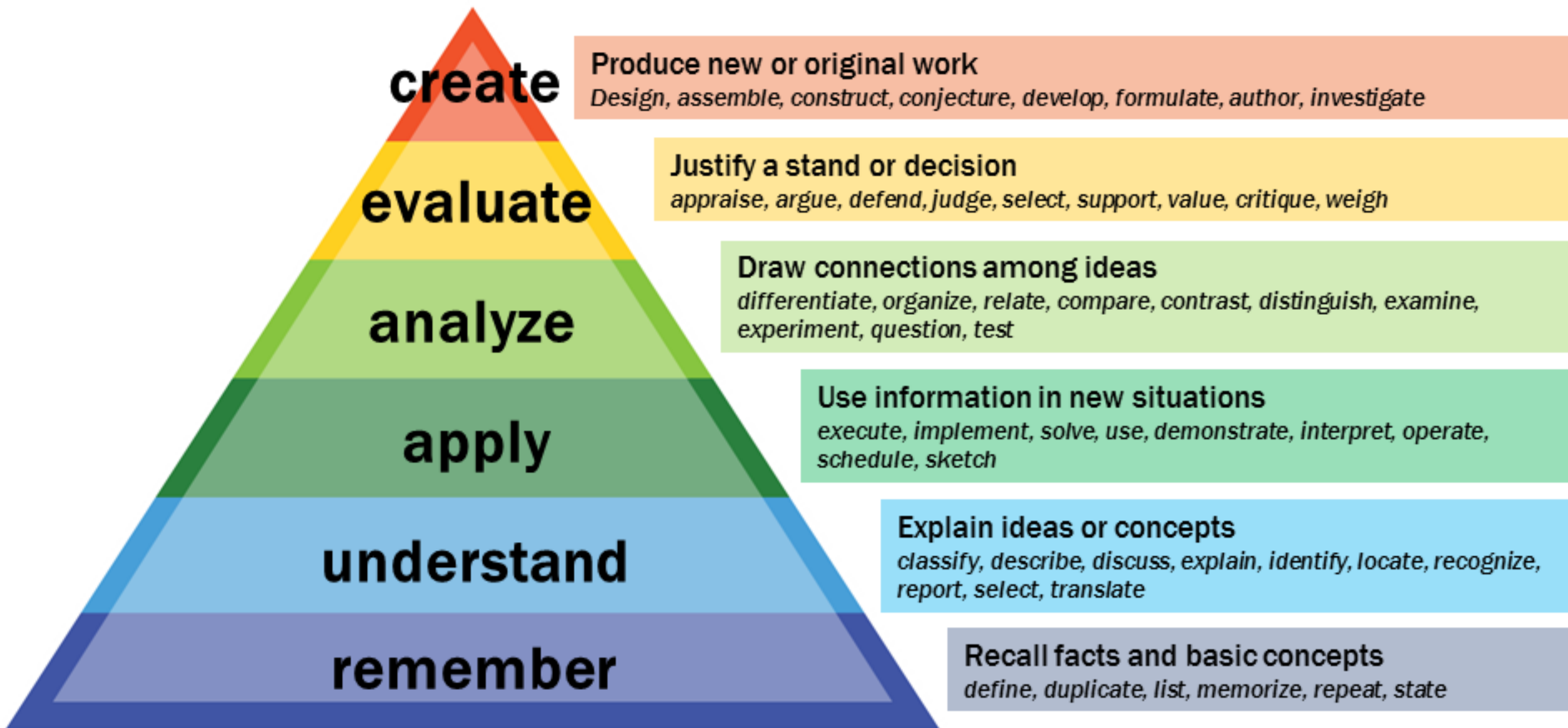
**Which one was most effective?**





**It's all a game.**

# Bloom's Taxonomy



**Active** learning and **engagement**  
fosters critical thought and  
**ownership**

# Game concepts

Develop Narrative

Collaborative feedback



Levels and progress

Challenges



Master skills

Team achievements

# Benefits of engagement – why gaming concepts work



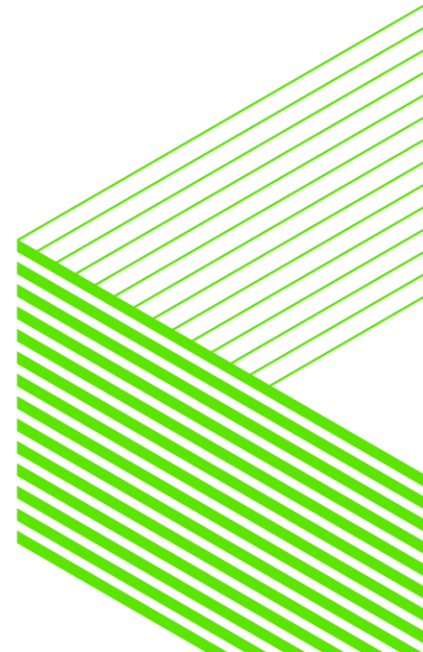
Substantive  
input



Relevant  
plans



Crisis-ready  
personnel



But **where** do we start?

SHALL HE PLAY A GAME?

Gamification

Role playing games

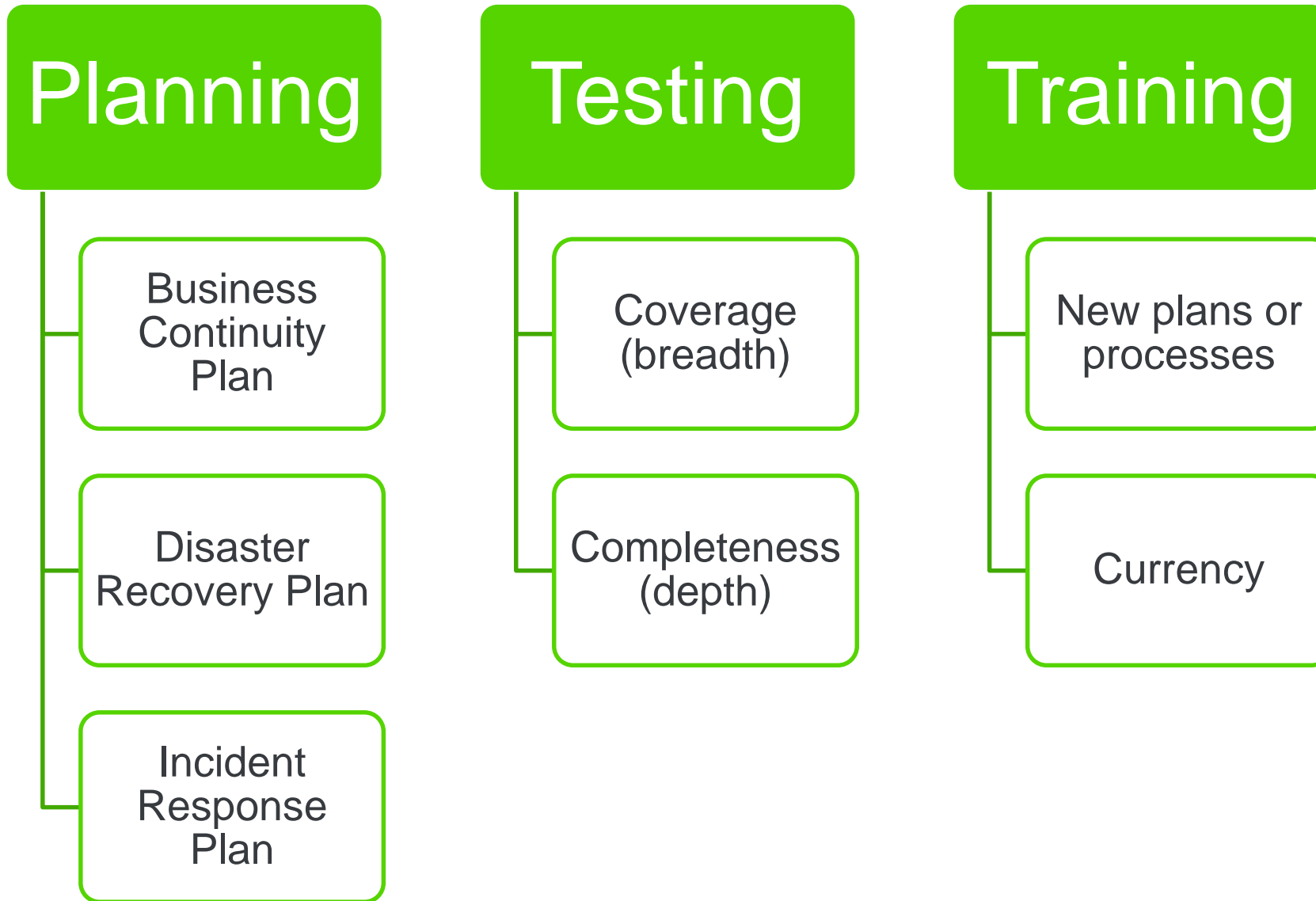




# Tabletop exercise (really just an RPG)



# Where do RPGs fit?





**TESTING**

I FIND YOUR LACK OF TESTS DISTURBING.

# Effective training

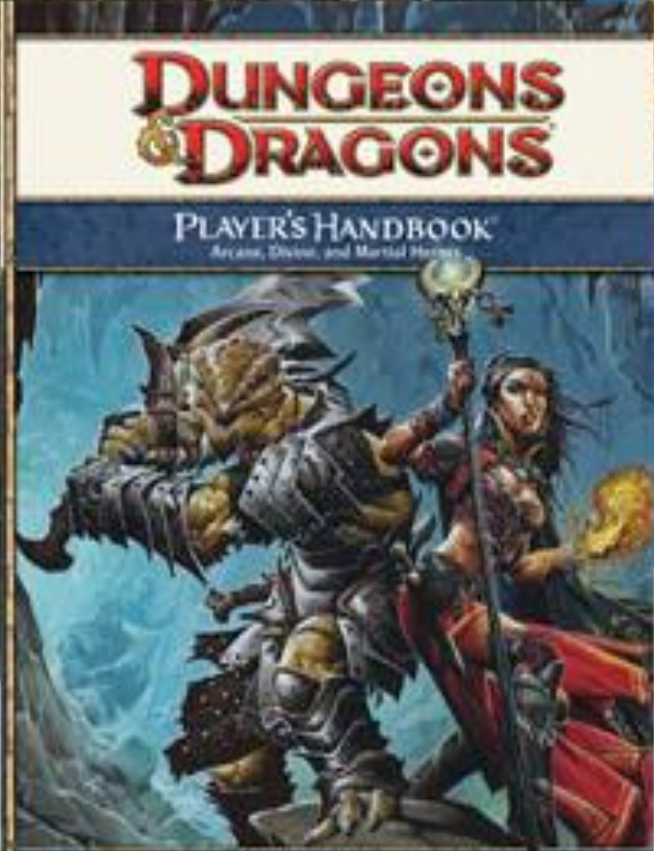


ADVANCED D&D  
PLAYERS HANDBOOK

EMPIRE

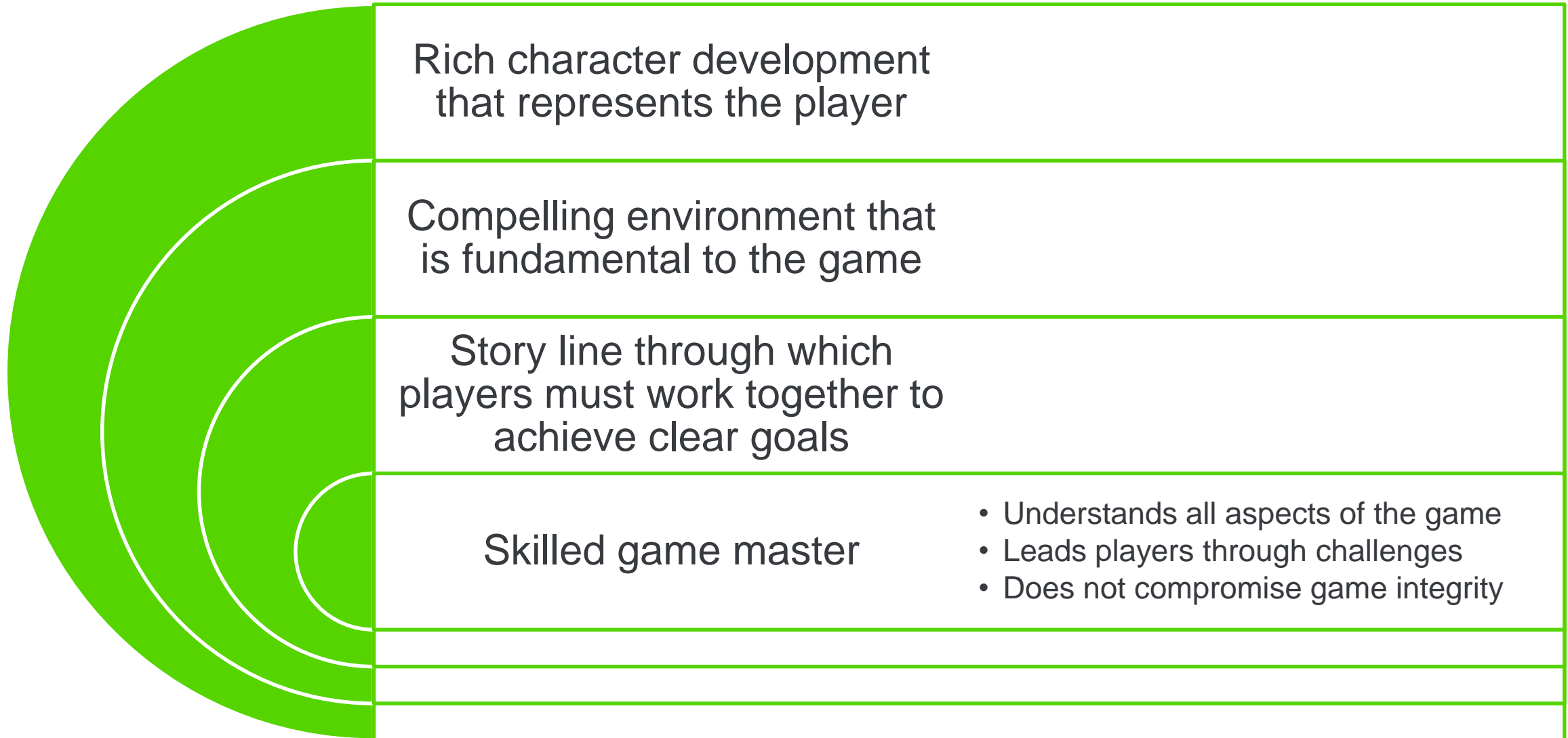
STAR TREK  
ROLEPLAYING GAME

MAGE





# A “good” RPG



## RPGs and planning

### Assume a role (character)

- More than just “playing” a character
- Each player takes on the role of a character (i.e. “becomes”)

### Understand the rules

- Must have core rules (start with policy)
- Should cover all foreseeable situations

### Work with other characters to meet goals

- Encourage input
- Seek consensus



# RPG benefits



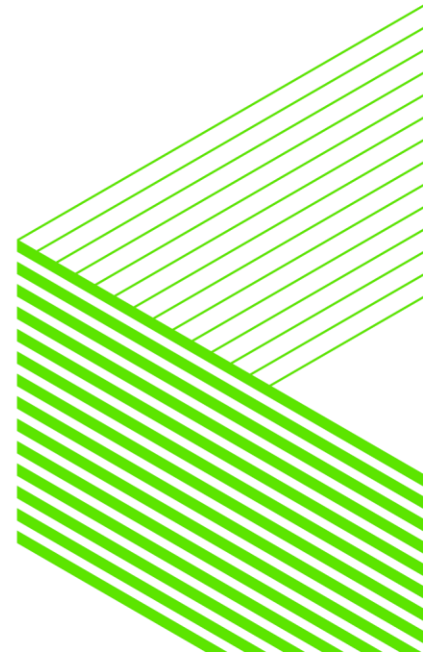
Engagement



Team goal pursuit



Outcome ownership



# Where to get guidance

Look internally

Explore on-line

Engage external resources



Success

Failure

# Example IR planning scenario (phase 1)

- Split into groups
- Randomly assign each group a domain
  - Sample: <https://www.sans.org/security-resources/policies>
  - SANS example policy categories
    - General
    - Network Security
    - Server Security
    - Application Security
- Ask each group to create a list of incidents and response plans
- Have each group present a story based on findings
- Provide incentive for creative response

# Example challenge scenario (phase 1)

- Small fire just outside the data center, setting off the alarm system
- Sprinkler extinguishes the fire by the time the fire department arrives
- The building has been evacuated
- Personnel and the media are aware of what happened
- Then, as people begin to go back inside
  - The receptionist takes a call from someone who indicates that the fire is "only the beginning" because the company hasn't treated him right

**Readiness depends on testing.  
Want to play some more?**



**“It is better to be prepared than surprised”**

- Dr. Michael Yousef



Ready

Set

Secure

# Resources

- Dr. Michael Solomon ([michael@solomonconsulting.com](mailto:michael@solomonconsulting.com))
- NIST SP 800-34 “Contingency Guide for Information Technology Systems”
- ISO 17799 / COBIT
- Disaster response sample scenarios
  - <http://www.csoonline.com/article/2120836/disaster-recovery/pandemic-preparedness-tabletop-exercises-three-sample-scenarios.html?upd=1466709319099>
- Business continuity tabletop exercises
  - <http://www.csoonline.com/article/2132392/supply-chain-security/3-more-tabletop-exercises-for-business-continuity.html>
- Gamemaster’s Guide to Incident Response
  - <https://tisiphone.net/2015/07/13/gm-guide-to-ir/>
- BCI online incident simulation game
  - <http://www.thebci.org/index.php/resources/bc24-the-bci-s-online-incident-simulation-game>